

Sildenafil 2%/ Theophylline 2.5%/ Arginine 6% Topical Cream

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

What is this medication?

This is a topical compounded medication that combines three active ingredients to promote localized blood flow and vascular dilation, typically used in conditions involving circulation issues or erectile dysfunction: Sildenafil: A phosphodiesterase-5 (PDE5) inhibitor that enhances blood flow by relaxing smooth muscle in blood vessels. Theophylline: A bronchodilator and vasodilator that can also help relax smooth muscle. L-Arginine: An amino acid that serves as a precursor to nitric oxide, supporting vasodilation.

This cream is designed for localized application to help improve circulation and tissue oxygenation in the applied area.

What are the ingredients?

Active Ingredients: sildenafil 2%, theophylline 2.5%, and arginine 6%.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Inform your provider if you: Have heart conditions, low blood pressure, or circulatory disorders. Are taking any nitrate medications (e.g., nitroglycerin), as this combination can cause dangerous drops in blood pressure. Have kidney or liver problems. Are pregnant, planning pregnancy, or breastfeeding. Have any known allergies to these or related compounds. Are using other topical medications in the same area.

How should I use this medication?

Use this medication exactly as prescribed by your physician.
Wash and dry the affected area thoroughly before applying.
Apply a thin, even layer of the cream directly to the treatment area.
Do not cover with an occlusive dressing unless specifically instructed.
Avoid contact with eyes, mouth, and mucous membranes.
Wash hands thoroughly after application unless the hands are the treatment site.

What if I miss a dose?

If you forget a dose, apply it as soon as you remember.

If it is close to your next scheduled application, skip the missed dose.

Do not apply extra cream to make up for a missed dose.

What may interact with this medication?

Nitrates or nitric oxide donors. Blood pressure medications, especially alpha-blockers. Other vasodilators or topical treatments. Certain stimulants or bronchodilators

Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Common Side Effects (usually mild): Temporary redness, warming, or tingling at the application site. Mild skin irritation.

Serious Side Effects (seek immediate medical attention): Severe skin reaction (blisters, rash, pain). Dizziness, fainting, or chest discomfort. Signs of allergic reaction (hives, swelling, difficulty breathing).

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

Monitor for signs of irritation, rash, or prolonged redness. Notify your provider if your condition does not improve or worsens. Avoid applying to broken or infected skin. Do not use more often than prescribed.

Where should I keep my medication?

Store at room temperature (68–77°F or 20–25°C). Protect from heat, light, and moisture. Keep the container tightly closed. Keep out of reach of children and pets

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.