

## **Benzocaine/Lidocaine/Tetracaine (BLT) Topical Cream**

### **Visually Impaired**

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

### **What is this medication?**

BLT Cream is a topical anesthetic used to numb the skin before dermatological or cosmetic procedures, minor surgeries, or treatments that may cause discomfort. It contains three local anesthetics: Benzocaine: Fast-acting, short-duration surface anesthetic. Lidocaine: Provides intermediate-lasting pain relief. Tetracaine: Slower onset but long-lasting anesthetic effect. These work together to block nerve signals in the skin and reduce pain or discomfort.

### **What are the ingredients?**

Active Ingredients: Benzocaine, Lidocaine, and Tetracaine.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

### **What should I tell my healthcare provider before I take this medication?**

Inform your provider if you: Have allergies to any local anesthetics or similar medications. Have open wounds, damaged skin, or skin infections in the area of application. Have heart disease, liver dysfunction, or a history of methemoglobinemia. Are pregnant or breastfeeding. Are using any other topical medications or undergoing cosmetic procedures

### **How should I use this medication?**

Use this medication only as directed by your physician. It may also be applied in a clinical setting by healthcare professionals. Wash and dry the affected area before applying. Apply a thin layer of cream directly to the area as directed by your provider. Do not cover with an occlusive dressing unless specifically instructed. Avoid contact with eyes, mouth, and mucous membranes. Wash hands thoroughly after applying (unless treating the hands)

### **What if I miss a dose?**

This medication is often used as needed before a procedure.

If you forget to apply it in time, apply it as soon as possible—but never double the amount. Follow your provider's timing instructions for best results.

### **What may interact with this medication?**

Other topical anesthetics or skin products. Medications known to cause methemoglobinemia (e.g., nitrites, sulfonamides). Blood thinners or antiarrhythmic drugs

Always check with your provider before starting or stopping any medication, including non-prescription products.

### **What side effect:**

**Common side effects** (usually mild): Temporary redness, burning, or itching. Mild numbness or tingling

**Serious side effects** (seek immediate medical attention): Rash, blistering, or severe irritation. Difficulty breathing. Dizziness, fatigue, or bluish lips or fingernails (possible sign of methemoglobinemia)

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online ([www.fda.gov/Safety/MedWatch](http://www.fda.gov/Safety/MedWatch)) or by phone (1-800-332-1088)

### **What should I watch while using this medication?**

Monitor for any allergic reactions or skin sensitivity. Avoid prolonged or excessive use, which increases the risk of toxicity. Notify your provider if numbness persists or skin reactions occur

### **Where should I keep my medication?**

Store at room temperature or as labeled (usually below 77°F / 25°C). Keep away from heat, moisture, and direct light. Do not freeze. Keep out of reach of children and pets

**Disposal:** Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at [rxdrugdropbox.org](http://rxdrugdropbox.org). If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

## **OFFER TO COUNSEL NOTICE**

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

**NOTE:** This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.