

## **Bremelanotide Oral Troche**

### **Visually Impaired**

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

### **What is this medication?**

Bremelanotide is a medication used to treat hypoactive sexual desire disorder (HSDD) in premenopausal women and is also being studied for low libido in men. It works by activating melanocortin receptors in the brain, which are thought to be involved in sexual desire and arousal.

### **What are the ingredients?**

Bremelanotide – A synthetic peptide that stimulates melanocortin receptors to enhance sexual desire.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

### **What should I tell my healthcare provider before I take this medication?**

Tell your healthcare provider if you:

- Have uncontrolled high blood pressure, cardiovascular disease, or a history of stroke
- Are pregnant or breastfeeding
- Have liver or kidney problems
- Experience nausea easily or have a history of gastrointestinal issues
- Are allergic to Bremelanotide or any ingredients in the compounded formulation

### **How should I use this medication?**

Place the troche in your mouth—between your cheek and gum—and allow it to dissolve slowly. Do not chew or swallow it whole. Allow the troche to fully dissolve for optimal absorption. Always follow your provider's specific directions.

### **What if I miss a dose?**

This medication is used as needed, so there is no scheduled dosing. If you forget to take it before sexual activity, take it when you remember, but do not take more than one dose per day.

### **What may interact with this medication?**

Bremelanotide may interact with:

- Naltrexone – May reduce the effectiveness of both medications
- Medications for blood pressure – As Bremelanotide may cause temporary increases in blood pressure
- Other medications that affect sexual function or mood – Use caution and consult your prescriber

Always check with your provider before starting or stopping any medication, including non-prescription products.

### **What side effect:**

Some patients may experience nausea, flushing, headache, or injection site reactions (when used as an injection). With the troche form, common side effects can include mouth irritation, taste changes, dizziness, or mild nausea. In some cases, users may notice a temporary increase in blood pressure or a drop in heart rate shortly after dosing. These effects are usually short-lived. Seek medical help if you experience severe nausea, chest pain, fainting, or signs of an allergic reaction, such as rash, swelling, or difficulty breathing.

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online ([www.fda.gov/Safety/MedWatch](http://www.fda.gov/Safety/MedWatch)) or by phone (1-800-332-1088)

### **What should I watch while using this medication?**

Monitor how your body responds after the first few doses, particularly for signs of nausea, dizziness, or increased blood pressure. Avoid taking this medication if you are already feeling unwell. Do not drive or operate machinery until you know how the medication affects you. If you experience any concerning symptoms, contact your provider promptly.

## **Where should I keep my medication?**

Store the troches in a cool, dry place at room temperature, away from heat and moisture. Do not refrigerate or freeze unless directed. Keep in the original container and out of reach of children and pets.

**Disposal:** Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at [rxdrugdropbox.org](http://rxdrugdropbox.org). If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

## **OFFER TO COUNSEL NOTICE**

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

**NOTE:** This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.