

## Enclomiphene Oral Capsule

### **Visually Impaired**

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

### **What is this medication?**

Enclomiphene is an oral selective estrogen receptor modulator (SERM) used primarily in men with secondary hypogonadism (low testosterone due to pituitary dysfunction). It helps stimulate natural testosterone production without suppressing fertility. Enclomiphene works by: Blocking estrogen receptors in the hypothalamus. Increasing the production of luteinizing hormone (LH) and follicle-stimulating hormone (FSH). Stimulating the testes to produce more natural testosterone and sperm.

It is often used as an alternative to testosterone replacement therapy (TRT), especially in men who wish to preserve fertility.

### **What are the ingredients?**

Active Ingredient: Enclomiphene (commonly compounded in strengths such as 12.5 mg or 25 mg per capsule)

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

### **What should I tell my healthcare provider before I take this medication?**

Inform your provider if you: Are currently pregnant or breastfeeding. Have liver disease or liver enzyme abnormalities. Have hormone-sensitive cancer (e.g., breast or uterine cancer). Have ovarian cysts or unexplained uterine bleeding. Are using anabolic steroids, testosterone, or other fertility agents. Have visual problems, migraines, or are taking medications that may affect hormonal balance. Have allergies to Enclomiphene.

### **How should I use this medication?**

Take exactly as prescribed, typically once daily.  
Take at the same time each day, with or without food.  
Swallow capsule whole with a full glass of water.  
Do not exceed the prescribed dose or frequency.  
Your provider will schedule regular lab tests to monitor hormone levels.

### **What if I miss a dose?**

Take the missed dose as soon as you remember.  
If it's close to your next dose, skip the missed one—do not double up.  
Contact your provider if multiple doses are missed or if you are unsure.

### **What may interact with this medication?**

Always check with your provider before starting or stopping any medication, including non-prescription products. Possible interactions include: Testosterone therapy or anabolic steroids – may counteract the effect of enclomiphene. Tamoxifen or other SERMs. Insulin or blood sugar-lowering medications. Warfarin or other anticoagulants. St. John's Wort or hormone-affecting herbal supplements.

Always check with your provider before starting or stopping any medication, including non-prescription products.

### **What side effect:**

**Common side effects:** Hot flashes. Mood swings or irritability. Breast tenderness. Nausea. Headache. Visual disturbances (blurred vision, floaters).

**Serious side effects** (seek medical attention): Ovarian enlargement or abdominal pain (especially in women). Shortness of breath or swelling (possible blood clot). Vision changes that persist or worsen. Severe pelvic or abdominal pain.

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online ([www.fda.gov/Safety/MedWatch](http://www.fda.gov/Safety/MedWatch)) or by phone (1-800-332-1088).

### **What should I watch while using this medication?**

Watch for changes in mood, vision, or libido. Keep all scheduled lab tests (e.g., testosterone, LH/FSH, liver function). Avoid use of alcohol or recreational drugs during treatment. Notify your provider if symptoms do not improve after several weeks.

### **Where should I keep my medication?**

Store at room temperature, away from heat, moisture, and light.  
Keep the capsules in their original container, tightly closed.  
Keep out of reach of children and pets.

**Disposal:** Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at [rxdrugdropbox.org](http://rxdrugdropbox.org). If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

## **OFFER TO COUNSEL NOTICE**

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

**NOTE:** This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.