

## Nicotinamide Adenine Dinucleotide (NAD+) 100mg/mL Subcutaneous Injection

### **Visually Impaired**

If you are visually impaired and need help reading your label, we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

### **What is this medication?**

Nicotinamide Adenine Dinucleotide (NAD+) is a coenzyme that plays a vital role in cellular energy production, metabolism, and DNA repair. This medication is commonly used to:

- Boost energy levels
- Improve cognitive function
- Support anti-aging therapies
- Assist with detox and recovery programs.

### **What are the ingredients?**

This is a custom-compounded formulation prepared specifically for your needs. Active Ingredient: NAD+ (Nicotinamide Adenine Dinucleotide).

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

### **What should I tell my healthcare provider before I take this medication?**

Tell your healthcare provider if you:

- Are pregnant or breastfeeding
- Have liver, kidney, or cardiovascular disease
- Have a history of allergies to NAD+ or injection solutions
- Are taking any supplements or medications (prescription or over-the-counter)

### **How should I use this medication?**

Only inject as directed by your provider and follow your provider's instructions for the dosing schedule.

### **What if I miss a dose?**

- Take it as soon as you remember.
- If it's close to your next dose, skip the missed one.
- Do not double up on doses.
- If unsure, consult your healthcare provider.

### **What may interact with this medication?**

While interactions are rare, always check with your provider before starting or stopping any medications or supplements—including herbal products and over-the-counter drugs.

### **What side effect:**

Common:

- Warmth, flushing
- Mild headache or dizziness
- Injection site irritation

Serious (rare):

- Chest tightness
- Severe nausea
- Shortness of breath

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online ([www.fda.gov/Safety/MedWatch](http://www.fda.gov/Safety/MedWatch)) or by phone (1-800-332-1088)

### **What should I watch while using this medication?**

- Any reactions at the injection site
- Changes in mood, sleep, or concentration
- Blood pressure or blood sugar (if applicable)
- Contact your provider if you experience unexpected or worsening symptoms

### **Where should I keep my medication?**

- Store refrigerated: 36–46°F (2–8°C)
- Keep vial in original packaging and away from light
- Do not freeze
- Keep out of reach of children

**Disposal:** Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at [rxdrugdropbox.org](http://rxdrugdropbox.org). If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

### **OFFER TO COUNSEL NOTICE**

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from



one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

**NOTE:** This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.