

Phentermine 37.5mg Oral Tablet

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

What is this medication?

Brand Names: Adipex-P; Lomaira; Suprenza.

Phentermine is a prescription medication used for: Short-term weight loss in combination with diet, exercise, and behavior modification. It works as an appetite suppressant by stimulating the central nervous system (similar to an amphetamine).

What are the ingredients?

Active Ingredient: Phentermine Hydrochloride 37.5 mg.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Tell your provider if you: Have a history of heart disease, stroke, uncontrolled high blood pressure. Have overactive thyroid, glaucoma, or anxiety disorders. Have a history of substance use disorder. Are taking monoamine oxidase inhibitors (MAOIs) or taking them within the last 14 days. Are pregnant, planning to become pregnant, or breastfeeding. Are over the age of 65 (increased risk of side effects)

How should I use this medication?

Take exactly as prescribed, typically once daily in the morning before breakfast or 1–2 hours after eating. Take with a full glass of water. Avoid taking in the evening to prevent insomnia. Do not crush, chew, or split tablets unless directed.

What if I miss a dose?

Take the missed dose as soon as you remember, if it's early in the day. If it's later in the day, skip the missed dose to avoid trouble sleeping. Do not double up on doses.

What may interact with this medication?

Always check with your provider before starting or stopping any medication. Interactions may occur with: MAO inhibitors (e.g., isocarboxazid, phenelzine). Other stimulants (e.g., ADHD medications). Certain antidepressants (SSRIs, SNRIs). Alcohol and appetite suppressants. Insulin or oral diabetes medications. Medications that raise blood pressure or heart rate

Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Common side effects: Dry mouth. Insomnia. Increased heart rate. Elevated blood pressure. Nervousness or restlessness. Constipation.

Serious side effects (seek immediate medical attention): Chest pain or shortness of breath. Swelling in legs or ankles. Rapid or irregular heartbeat. Mood changes or unusual behavior. Blurred vision or severe headache.

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

Regularly check blood pressure and heart rate. Monitor for signs of mood changes or unusual behavior. Avoid activities requiring alertness until you know how the medication affects you. This medication is intended for short-term use only (typically a few weeks). Do not share with others; phentermine is a controlled substance due to its stimulant properties.

Where should I keep my medication?

Store at room temperature, away from moisture, heat, and direct light. Keep in a secure location away from children, pets, and unauthorized individuals.

Caution: ***"Federal law prohibits the transfer of this drug to any person other than the patient for whom it was prescribed."***

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.