

Progesterone 100mg Oral Capsule

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

What is this medication?

Generic Name: Progesterone

Progesterone is a **naturally occurring female hormone** involved in regulating the menstrual cycle and supporting pregnancy. It is used to: Treat **menstrual irregularities** due to low progesterone levels. Support **hormone replacement therapy (HRT)** in postmenopausal women. Help prevent **endometrial hyperplasia** (abnormal uterine lining growth) when used with estrogen.

What are the ingredients?

Active Ingredient: Progesterone 100 mg.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Inform your provider if you:

- Have a history of blood clots, stroke, heart disease, or liver problems
- Have breast, uterine, or ovarian cancer
- Have unexplained vaginal bleeding
- Are pregnant or planning pregnancy (may be prescribed for specific use)
- Have depression or mood disorders

How should I use this medication?

Take exactly as prescribed, usually once daily at bedtime (due to drowsiness).

Swallow the capsule whole with a glass of water.

May be taken with or without food (with food may reduce stomach upset).

Follow specific cycle instructions (e.g., days 14–28 of your cycle) if directed by your provider.

What if I miss a dose?

Take the missed dose as soon as you remember.
If it's close to your next dose, skip the missed dose—do not double up.

What may interact with this medication?

Tell your provider or pharmacist about:

- Other hormone medications (estrogen, testosterone)
- Antiseizure drugs (e.g., phenytoin, carbamazepine)
- St. John's Wort
- Certain antibiotics or antifungals (may affect metabolism)
- Warfarin (monitor closely)

Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Common side effects:

- Drowsiness or dizziness
- Breast tenderness
- Bloating or abdominal discomfort
- Mood changes
- Headache

Serious side effects (seek medical help):

- Leg swelling or pain, chest pain, or trouble breathing (signs of blood clot)
- Jaundice (yellowing of skin or eyes)
- Severe headache or vision changes
- Unusual vaginal bleeding

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

Use caution while driving or operating machinery due to drowsiness.
Monitor for mood changes or depression, especially with prolonged use.
Inform your provider of any unusual vaginal bleeding or new breast lumps.
If used in HRT, regular pelvic exams, mammograms, and lab monitoring may be required.

Where should I keep my medication?

Store at room temperature (68–77°F or 20–25°C)
Keep in a tightly closed container, away from moisture and light
Keep out of reach of children and pets

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.