

## Sermorelin 1.5mg/mL Subcutaneous Injection

### **Visually Impaired**

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

### **What is this medication?**

Sermorelin is a synthetic peptide that stimulates the pituitary gland to naturally produce and release growth hormone (GH). It is commonly used for growth hormone deficiency, anti-aging, or hormone optimization therapy.

### **What are the ingredients?**

This is a compound formulation of Semorelin 1.5mg/mL.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

### **What should I tell my healthcare provider before I take this medication?**

Before using this medication, inform your provider if you: have cancer or a history of cancer, have pituitary gland disorders, are pregnant, planning to become pregnant, or breastfeeding, have any known allergies to peptides or preservatives, and are using any hormone therapies or medications that affect GH levels

### **How should I use this medication?**

- Inject subcutaneously (under the skin), typically in the abdomen or thigh
- Use exactly as prescribed by your healthcare provider
- Administer preferably at bedtime, unless otherwise instructed
- Use a new, sterile needle and syringe for each dose
- Rotate injection sites to avoid irritation

### **What if I miss a dose?**

If you miss a dose, take it as soon as you remember. If it's close to the time of your next dose, skip the missed dose—do not double the dose. Resume your regular schedule.

### **What may interact with this medication?**

Inform your provider if you are taking: Glucocorticoids (e.g., prednisone), thyroid hormones, and other growth hormone-stimulating agents or anti-aging therapies

Always check with your provider before starting or stopping any medication, including over-the-counter supplements.

### **What side effect:**

**Common side effects:** Redness, swelling, or discomfort at the injection site, headache, and mild flushing or dizziness.

**Serious side effects** (seek immediate medical attention): allergic reactions (rash, itching, swelling of face or throat), chest tightness or difficulty breathing, and signs of pituitary imbalance or excessive GH (joint pain, swelling, etc.)

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online ([www.fda.gov/Safety/MedWatch](http://www.fda.gov/Safety/MedWatch)) or by phone (1-800-332-1088)

### **What should I watch while using this medication?**

Monitor for improved sleep, energy, and recovery as directed by your provider. Watch for swelling, joint pain, or signs of hormone imbalance. Notify your provider of any unusual symptoms or reactions

### **Where should I keep my medication?**

Store according to the label instructions. Refrigeration is typically required, unless otherwise noted. Do not freeze. This medication is a sterile injectable product and expires 28 days after the vial is first punctured, or the date on the prescription vial label, whichever date comes first. Keep away from children and pets.

**Disposal:** do not flush it or pour it down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at [rxdrugdropbox.org](http://rxdrugdropbox.org). If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

## **OFFER TO COUNSEL NOTICE**

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

**NOTE:** This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.