

Tadalafil Oral Troche

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

What is this medication?

Tadalafil is a medication used to treat erectile dysfunction (ED) and, in some cases, benign prostatic hyperplasia (BPH). This compounded version is delivered as an oral troche, which is designed to dissolve slowly in the mouth—typically between the cheek and gum (buccally)—allowing for faster absorption and a convenient, needle-free alternative to tablets.

What are the ingredients?

Tadaladil - A phosphodiesterase type 5 (PDE5) inhibitor that helps improve blood flow to the penis, promoting erection in response to sexual stimulation.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Let your provider know:

- If you take nitrates (for chest pain) or guanylate cyclase stimulators
- If you have heart problems such as angina, arrhythmia, or history of heart attack or stroke
- If you have high blood pressure and low blood pressure.
- If you have any of these health problems: Heart disease, kidney disease, or liver disease.
- If you are allergic to tadalafil or similar medications (e.g., sildenafil, vardenafil)

How should I use this medication?

Place the troche in your mouth—between your cheek and gum—and allow it to dissolve slowly. Do not chew or swallow it whole. Allow the troche to fully dissolve for optimal absorption. Always follow your provider's specific directions.

What if I miss a dose?

If you are taking tadalafil daily, take it as soon as you remember, unless it's close to your next dose. Do not double up.

If you are taking tadalafil troche as needed, skip the missed dose and take it before your next planned sexual activity

What may interact with this medication?

Tadalafil can interact with:

- Nitrates (e.g., nitroglycerin, isosorbide) — can cause dangerously low blood pressure
- Alpha-blockers and some blood pressure medications
- Other ED medications (e.g., sildenafil, vardenafil)
- Antifungals, antibiotics, HIV medications, and seizure treatments (e.g., ketoconazole, ritonavir, carbamazepine)

Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Some people may experience mild side effects such as headache, flushing, back pain, nasal congestion, or indigestion. Dizziness or muscle aches may also occur. Most effects are temporary and go away on their own. Rare but serious side effects include vision or hearing loss, chest pain, or an erection lasting more than four hours. If any of these occur, seek immediate medical help.

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

Monitor for side effects like dizziness, prolonged erections, or any vision changes. Avoid alcohol or grapefruit juice, which may intensify side effects. Inform your doctor if your symptoms don't improve or worsen. Never use this medication with other PDE5 inhibitors unless specifically directed.

Where should I keep my medication?

Store the troches in a cool, dry place at room temperature, away from heat and moisture. Do not refrigerate or freeze unless directed. Keep in the original container and out of reach of children and pets.

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.