

## Tadalafil/Finasteride (10mg/5mg) Oral Capsule

### **Visually Impaired**

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

### **What is this medication?**

This compounded capsule contains:

- Tadalafil (10 mg) – a PDE5 inhibitor that improves blood flow by relaxing smooth muscle in the prostate and blood vessels.
- Finasteride (5 mg) – a 5-alpha-reductase inhibitor that blocks the conversion of testosterone to dihydrotestosterone (DHT), reducing prostate size and slowing hair loss.

Uses include:

- Benign Prostatic Hyperplasia (BPH): To improve urinary symptoms and reduce prostate volume
- Erectile Dysfunction (ED): Tadalafil helps enhance erectile function
- Dual-therapy convenience: Provides both long-term BPH management and on-demand or daily ED support.

### **What are the ingredients?**

Active Ingredients:

- Tadalafil 10 mg
- Finasteride 5 mg

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

## **What should I tell my healthcare provider before I take this medication?**

Inform your provider if you:

- Have liver or kidney problems
- Have heart conditions or are taking nitrates
- Have a history of low blood pressure
- Are using alpha-blockers or antihypertensives
- Have a history of prostate or breast cancer
- Are taking other ED medications or testosterone replacement therapy
- Are pregnant or planning pregnancy (finasteride is contraindicated in women and can cause birth defects if handled or ingested)

## **How should I use this medication?**

Take exactly as prescribed, typically once daily at the same time each day.

May be taken with or without food.

Swallow the capsule whole with water—do not crush or chew.

Stay consistent with dosing for maximum benefit on both urinary and sexual symptoms.

## **What if I miss a dose?**

Take as soon as you remember.

If it's close to your next dose, skip the missed dose—do not double up.

## **What may interact with this medication?**

Interactions may occur with:

- Nitrates (e.g., nitroglycerin) – dangerous drop in blood pressure
- Alpha-blockers (e.g., tamsulosin, doxazosin)
- Blood pressure medications
- Antifungals (ketoconazole), HIV protease inhibitors, or rifampin
- Herbal supplements like St. John's Wort

Always check with your provider before starting or stopping any medication, including non-prescription products.

**What side effect:****Tadalafil-related (common):**

- Headache
- Flushing
- Back pain or muscle aches
- Nasal congestion
- Indigestion

**Finasteride-related (common):**

- Decreased libido or sexual desire
- Ejaculatory dysfunction
- Breast tenderness or enlargement

**Serious but rare effects:**

- Vision or hearing loss (tadalafil)
- Allergic reactions
- Mood changes or depression
- Breast lumps (finasteride – report immediately)
- Prolonged or painful erection (seek immediate help)

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online ([www.fda.gov/Safety/MedWatch](http://www.fda.gov/Safety/MedWatch)) or by phone (1-800-332-1088)

**What should I watch while using this medication?**

Monitor for changes in sexual function or libido.

Let your doctor know if urinary symptoms persist or worsen.

Women of childbearing age should not handle broken or crushed capsules (due to finasteride risk).

Routine monitoring may include PSA levels, prostate exams, and blood pressure.

## **Where should I keep my medication?**

Store at room temperature (68–77°F / 20–25°C)

Keep in original container, tightly closed

Protect from moisture and light

Keep out of reach of children and pets

**Disposal:** Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at [rxdrugdropbox.org](http://rxdrugdropbox.org). If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

## **OFFER TO COUNSEL NOTICE**

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

**NOTE:** This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.