

## Tadalafil/Tamsulosin(5mg/0.4mg) Oral Capsule

### **Visually Impaired**

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

### **What is this medication?**

This compounded capsule contains:

- Tadalafil 5 mg – a PDE5 inhibitor that relaxes smooth muscle in the prostate and blood vessels to improve blood flow and reduce lower urinary tract symptoms.
- Tamsulosin 0.4 mg – an alpha-1 blocker that relaxes the muscles in the prostate and bladder neck to improve urine flow and relieve BPH symptoms.

Uses:

- Treatment of Benign Prostatic Hyperplasia (BPH) (enlarged prostate)
- Relief of urinary symptoms: frequent urination, weak stream, urgency, incomplete emptying
- May also help with erectile dysfunction in men with BPH

This is a compounded medication, made to combine two commonly used BPH treatments into one convenient daily capsule.

### **What are the ingredients?**

Active Ingredients:

- Tadalafil 5 mg
- Tamsulosin 0.4 mg

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

## **What should I tell my healthcare provider before I take this medication?**

Inform your provider if you:

- Have liver or kidney problems
- Have low blood pressure or a history of fainting
- Take nitrates or medications for chest pain
- Have eye surgery planned (especially for cataracts or glaucoma)
- Take medications for erectile dysfunction, hypertension, or prostate issues
- Have a history of prostate or bladder cancer

## **How should I use this medication?**

Take exactly as prescribed, usually once daily at the same time each day.

Swallow the capsule whole with a full glass of water.

It is typically taken 30 minutes after the same meal each day to maintain consistent absorption.

Do not crush or chew.

## **What if I miss a dose?**

Take it as soon as you remember.

If it's near your next dose, skip the missed dose—do not double up.

## **What may interact with this medication?**

Potential interactions include:

- Nitrates (e.g., nitroglycerin) – can cause dangerous drops in blood pressure
- Alpha-blockers or other PDE5 inhibitors
- Antifungals (e.g., ketoconazole), antivirals, or macrolide antibiotics
- Blood pressure medications
- Herbal products (e.g., saw palmetto, ginseng)

Always check with your provider before starting or stopping any medication, including non-prescription products.

## **What side effect:**

### **Common side effects:**

- Dizziness or lightheadedness (especially when standing)
- Headache
- Nasal congestion
- Back or muscle pain
- Flushing
- Reduced semen volume or changes in ejaculation (tamsulosin)

### **Serious side effects (seek medical attention):**

- Fainting or significant drop in blood pressure
- Vision or hearing loss (rare)
- Prolonged or painful erection
- Chest pain, swelling, or shortness of breath
- Signs of allergic reaction: rash, itching, trouble breathing

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online ([www.fda.gov/Safety/MedWatch](http://www.fda.gov/Safety/MedWatch)) or by phone (1-800-332-1088)

## **What should I watch while using this medication?**

- Stand up slowly from sitting or lying positions to prevent dizziness
- Inform your eye surgeon if you are using tamsulosin (risk of Intraoperative Floppy Iris Syndrome)
- Report any changes in urination, vision, sexual function, or blood pressure
- Keep all routine prostate exams and blood pressure checks

## **Where should I keep my medication?**

Store at room temperature (68–77°F / 20–25°C).

Protect from moisture and heat.

Keep out of reach of children and pets.



**Disposal:** Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at [rxdrugdropbox.org](http://rxdrugdropbox.org). If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

## **OFFER TO COUNSEL NOTICE**

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

**NOTE:** This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.