

## Tamsulosin 0.4mg Oral Tablet

# Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

### What is this medication?

Generic Name: Tamsulosin. Brand Name: Flomax®.

**Tamsulosin** is an **alpha-1 blocker** used to: Treat **benign prostatic hyperplasia (BPH)**, also known as an enlarged prostate. Improve **urine flow** and reduce symptoms such as: Difficulty starting urination. Weak urine stream. Frequent or urgent urination. Incomplete bladder emptying.

## What are the ingredients?

Active Ingredient: Tamsulosin hydrochloride (typically 0.4 mg per capsule).

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

#### What should I tell my healthcare provider before I take this medication?

Inform your provider if you: Have low blood pressure or a history of fainting. Have liver or kidney disease. Are scheduled for cataract or glaucoma eye surgery (risk of Intraoperative Floppy Iris Syndrome). Are allergic to sulfa drugs (rare cross-sensitivity may occur). Take other medications for BPH or blood pressure. Are taking phosphodiesterase inhibitors (e.g., sildenafil, tadalafil).

## How should I use this medication?

Take exactly as prescribed.

Take 30 minutes after the same meal each day to ensure consistent absorption.

Swallow the capsule whole—do not crush, chew, or open.

Do not stop this medication without your provider's guidance.



#### What if I miss a dose?

Take the missed dose as soon as you remember, unless it's almost time for the next dose. Do not double up.

If you miss several days in a row, contact your provider before restarting.

### What may interact with this medication?

Potential interactions include: Other alpha-blockers (e.g., doxazosin, terazosin). PDE5 inhibitors (e.g., Viagra®, Cialis®) – may increase risk of low blood pressure. Strong CYP3A4 inhibitors (e.g., ketoconazole). Blood pressure medications or diuretics.

Always check with your provider before starting or stopping any medication, including non-prescription products.

### What side effect:

**Common side effects:** Dizziness, especially when standing up (orthostatic hypotension). Runny or stuffy nose. Ejaculation problems. Headache. Fatigue **Serious but rare side effects:** Fainting. Allergic reaction (rash, swelling). Floppy iris syndrome during cataract surgery.

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

# What should I watch while using this medication?

Rise slowly from sitting or lying positions to prevent dizziness or fainting. Inform your eye surgeon if you've ever taken tamsulosin. Keep all follow-up appointments to monitor symptoms and side effects.

## Where should I keep my medication?

Store at room temperature, away from moisture, heat, and direct light. Keep in a secure location away from children, pets, and unauthorized individuals.



<u>Disposal:</u> Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at <u>rxdrugdropbox.org</u>. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

#### OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: http://www.plabrx.com/offer

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

**NOTE:** This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.