

Testosterone 10mg/mL (1%) Anhydrous Topical Cream

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

What is this medication?

Testosterone used to treat low testosterone levels and breast cancer in certain people. It is also used to treat certain children when puberty is delayed. It may be given to you for other reasons. Talk with the doctor.

What are the ingredients?

Active Ingredient: Testosterone 10 mg/mL (1%) a bioidentical form of the naturally occurring male hormone testosterone.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Let your provider know:

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you are male and have breast or prostate cancer.
- If you have high blood pressure.
- If you have any of these health problems: Heart disease, kidney disease, or liver disease.

How should I use this medication?

- Do not take this drug by mouth. Use on your skin only.
- Wash your hands before and after use.
- Use this drug at the same time of day.
- Not all products are the same strength. Read and follow labels carefully.
- Do not get this drug on other parts of your body or on other people.
- Keep out of your eyes.
- If you are using a topiclick (Unidose), you will need to prime it before you use it the first time.
- After putting this drug on, you will need to wait some time before you bathe, shower, or swim. Be sure you know how long you need to wait. Read the package insert for more details.
- Let dry before covering with clothing.
- Avoid fire, flames, or smoking until dry.

What if I miss a dose?

Use a missed dose as soon as you think about it. If it is close to the time for your next dose, skip the missed dose and go back to your normal time. Do not use 2 doses at the same time or extra doses.

What may interact with this medication?

This medication may interact with:

- Insulin or diabetes medications
- Blood thinners such as warfarin. Testosterone may increase anticoagulant effects of Vitamin K Antagonists. Management: Monitor for increased effects of vitamin K antagonists if an androgen is initiated/dose increased, or decreased effects if androgen is discontinued/dose decreased. Significant reductions in vitamin K antagonist dose are likely required. Consider Therapy Modification. ([Lexi.com](#))
- Corticosteroids: May increase fluid-retaining effects of Androgens. *Monitor.* ([Lexi.com](#))
- Other hormone therapies

Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Some individuals may experience mild skin irritation at the application site, increased acne, oily skin, hair growth, mood changes, or swelling in the ankles. Headaches, breast tenderness, or changes in libido may also occur. Serious effects such as breathing problems during sleep (sleep apnea), mood swings, or signs of liver or heart problems should be reported to your doctor immediately. Prolonged or high-dose use can affect cholesterol levels, red blood cell counts, and prostate health.

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

Your provider may monitor your testosterone levels, blood counts, liver function, and prostate health regularly. Report any symptoms of mood changes, swelling, chest pain, or trouble breathing. Avoid direct skin contact with others where the gel has been applied, and wash the area before activities that may involve skin-to-skin contact.

Where should I keep my medication?

Store the gel at **room temperature**, away from moisture, heat, and direct sunlight. Do not refrigerate or freeze. Keep out of reach of children and pets.

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.