

Valcylovir Oral Tablet

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

What is this medication?

Generic Name: Valacyclovir

Brand Name: Valtrex®

Valacyclovir is an antiviral medication used to treat infections caused by the herpes virus. It works by slowing the growth and spread of the virus so the body can fight the infection. It is used to treat: Herpes zoster (shingles) in adults. Genital herpes outbreaks and to reduce future episodes. Cold sores (herpes labialis) in adults and children. Chickenpox in children. Prevention of CMV (cytomegalovirus) after organ transplant (off-label).

What are the ingredients?

Active Ingredient: Valacyclovir hydrochloride.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Inform your provider if you: Have kidney disease or are on dialysis. Are dehydrated or at risk of dehydration. Have a weakened immune system (e.g., HIV/AIDS, organ transplant). Are pregnant, planning to become pregnant, or breastfeeding. Have a history of seizures or neurological conditions.

How should I use this medication?

Take exactly as prescribed, with or without food. Start treatment as soon as symptoms begin for best results. Drink plenty of fluids to help protect your kidneys. Swallow the tablet whole—do not crush or chew. Always follow your provider's specific instructions.

What if I miss a dose?

Take the missed dose as soon as you remember. If it's close to the next dose, skip the missed dose—do not double up.

What may interact with this medication?

Potential interactions include: Other antivirals (e.g., acyclovir). Cimetidine or probenecid (can increase valacyclovir levels). Drugs that affect the kidneys (e.g., NSAIDs, aminoglycosides). Immunosuppressants (e.g., mycophenolate, tacrolimus, cyclosporine).

Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Common side effects: Headache. Nausea. Abdominal pain. Dizziness or fatigue

Less common but serious side effects: Mental changes (confusion, hallucinations, agitation)—especially in older adults or those with kidney issues. Seizures. Kidney problems (decreased urination, swelling).

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

Stay hydrated—dehydration increases risk of kidney problems.

Avoid sexual contact during genital herpes outbreaks—even with treatment, the virus can still spread.

This medication does not cure herpes but helps manage outbreaks and reduce transmission risk.

Monitor for signs of side effects if on long-term or high-dose therapy.

Where should I keep my medication?

Store at room temperature, away from moisture, heat, and direct light. Keep in a secure location away from children, pets, and unauthorized individuals.

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.