

Verapamil 12% Topical Cream

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

What is this medication?

Verapamil is a **calcium channel blocker**. In topical form, it is commonly used in **compounded preparations** for conditions like Peyronie's disease (buildup of scar tissue in the penis), plantar fibromatosis (hard tissue in the feet), and other localized fibrotic or circulatory conditions. It works by relaxing blood vessels and reducing fibrotic tissue formation. It can help soften the area, reduce tightness, and improve how you feel over time.

What are the ingredients?

Verapamil – this is the medicine that helps treat your condition

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Before using this cream, tell your doctor if:

- You are allergic to Verapamil or any other medicines
- You have heart problems or low blood pressure
- You are taking other medications, especially for your heart or blood pressure

How should I use this medication?

- Use exactly how your doctor told you.
- Apply a small amount to the area that needs treatment.
- Rub it in gently until the cream disappears.
- Do this once or twice a day, depending on your doctor's directions.
- Wash your hands after using it, unless you are treating your hands.
- Do not apply to broken or irritated skin unless your doctor says it's okay.

What if I miss a dose?

If you forget to use the cream, apply it when you remember. If it's almost time for your next dose, skip the missed one and stay on schedule. Do not apply extra cream to make up for a missed dose.

What may interact with this medication?

Other topical medications applied to the same area. Oral verapamil or other calcium channel blockers. Blood pressure medications, beta-blockers, digoxin, or antiarrhythmics
Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Common Side Effects: Mild skin irritation or redness and tingling or warming sensation

Serious Side Effects: (Seek medical help immediately): severe skin rash, swelling or pain at the application site, and signs of systemic absorption (e.g., dizziness, low blood pressure)

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

Monitor the area for irritation or unusual changes. Let your provider know if symptoms persist or worsen. Avoid covering the area with occlusive dressings unless instructed

Where should I keep my medication?

Store at room temperature or as labeled (usually below 77°F / 25°C). Keep away from heat, moisture, and direct light. Do not freeze. Keep out of reach of children and pets

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <http://www.plabrx.com/offer>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.