

Testosterone 5.5mg/0.1ml Nasal Spray

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost.

What is this medication?

Testosterone is used to treat low testosterone levels, breast cancer in certain people, in certain children when puberty is delayed, and it may be given to you for other reasons. Talk with the doctor.

Testosterone is a Schedule 3 (CIII) controlled substance and can be a target for people who abuse prescription medications. Keep your testosterone in a safe place where it cannot be accessed by an unauthorized user or stolen.

What are the ingredients?

Testosterone 5.5mg/0.1ml (5.5mg/spray)

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Tell your doctor if you:

- Have a history of prostate or breast cancer
- Have enlarged prostate (BPH), heart, kidney, or liver disease
- Have sleep apnea, high cholesterol, or diabetes
- Are using blood thinners or corticosteroids
- Are planning to conceive, as testosterone may affect fertility

How should I use this medication?

Use nasal spray exactly as your provider tells you to. It is for use in your nose only. This should not be used with other nasal sprays.

What if I miss a dose?

If you miss a scheduled dose of testosterone nasal spray, take it as soon as you remember. However, if it is almost time for your next scheduled dose, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for a missed one. Consistency is important for maintaining stable hormone levels, so let your provider know if you're having trouble keeping up with your schedule.

What may interact with this medication?

Testosterone may interact with other medications such as blood thinners, insulin, oral diabetes drugs, corticosteroids, and other hormone therapies. These interactions can affect how your medications work or increase the risk of side effects, such as bleeding or fluid retention. It's also important to inform your provider if you use herbal supplements or consume alcohol frequently, as these may interfere with hormone balance or liver function. Always consult your healthcare provider before starting or stopping any medications or supplements while on testosterone therapy.

What side effects may I notice from receiving this medicine:

Signs and symptoms of the nasal problems may include

Nosebleed • Dry nose • Nose pain or irritation • Runny or stuffy nose • Nose scabs • Sneezing.

Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Have your blood work and other lab tests checked as you have been told by your doctor.
- If you have high blood sugar (diabetes), you will need to watch your blood sugar closely.
- There may be a higher chance of prostate cancer. Talk with the doctor.
- If you have an enlarged prostate, your signs can get worse while you use this drug. Call your doctor if this happens to you.
- If you have sleep apnea, talk with your doctor. Sometimes, sleep apnea has gotten worse in people using testosterone.
- Treatment with this drug may lead to higher cholesterol and triglycerides. The effect of these changes on heart health is not known. Talk with the doctor.

- This drug may affect certain lab tests. Tell all of your health care providers and lab workers that you take this drug.
- This drug is an anabolic steroid. Anabolic steroid drugs have been abused and misused before. Anabolic steroid abuse can lead to dependence and very bad health problems. These health problems include heart or blood vessel problems, stroke, liver problems, and mental or mood problems. Talk with the doctor.
- High calcium levels have happened with drugs like this one in some people with cancer. Call your doctor right away if you have signs of high calcium levels like weakness, confusion, feeling tired, headache, upset stomach or throwing up, constipation, or bone pain.
- If you are 65 or older, use this drug with care. You could have more side effects.
- This drug is not approved for treating low testosterone levels caused by getting older. Talk with your doctor.
- Large doses of this drug may affect sperm in males and may affect being able to father a child. If this happens, this may not go back to normal after the drug is stopped. If you have questions, talk with the doctor..

Where should I keep my medication?

Store according to the label instructions. Store at room temperature. Do not freeze. Do not store it in a bathroom. Keep away from children and pets.

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at:

<https://pharmalabs.com/privacy-policy/>



Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.