

GHK-Cu 1.5% / Estriol 0.3% / Sodium Hyaluronate 0.5% Topical Cream

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost.

What is this medication?

This is a custom-compounded topical cream containing GHK-Cu 1.5%, estriol 0.3%, and sodium hyaluronate 0.5%. It is commonly used to support skin health, hydration, elasticity, and rejuvenation as directed by your healthcare provider.

What are the ingredients?

This compounded formulation may include the following active ingredients:

- GHK-Cu: Supports skin repair, collagen production, and overall skin health.
- Estriol: A weak estrogen used topically to support skin integrity and hydration.
- Sodium Hyaluronate: A form of hyaluronic acid that helps retain moisture and improve skin hydration.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Tell your healthcare provider if you:

- Have a history of hormone-sensitive conditions
- Are pregnant, trying to become pregnant, or breastfeeding
- Have skin conditions, irritation, or allergies
- Are using other topical or hormonal medications

How should I use this medication?

Use this medication **exactly as prescribed** by your healthcare provider.

- Apply a thin layer to the designated area of skin.
- Wash your hands before and after application unless otherwise directed.
- Do not apply to broken or irritated skin unless instructed.

What if I miss a dose?

If you miss a dose, apply it as soon as you remember. If it is close to your next scheduled dose, skip the missed dose. Do not apply extra medication to make up for a missed dose.

What may interact with this medication?

Other topical products, hormonal therapies, or skincare treatments may interact with this medication.

Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Common side effects may include mild skin irritation, redness, itching, dryness, or sensitivity at the application site. Less commonly, hormonal effects such as breast tenderness or skin discoloration may occur.

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

Monitor for signs of irritation or allergic reaction. Avoid excessive sun exposure unless advised otherwise. Stop use and contact your provider if severe irritation occurs.

Where should I keep my medication?

Store at room temperature, away from heat, light, and moisture.
Keep out of reach of children and pets.

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <https://pharmalabs.com/privacy-policy/>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.