

Testosterone Cypionate Intramuscular Injection Grapeseed Oil

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost.

What is this medication?

Testosterone cypionate is a hormone used to treat low testosterone levels in men. It helps improve energy, mood, muscle mass, sex drive, and overall well-being in patients with low testosterone.

What are the ingredients?

Active ingredient: Testosterone cypionate

Inactive ingredients: Grapeseed oil (carrier oil) and may include other compounding ingredients depending on formulation.

If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Before starting this medication, tell your healthcare provider if you:

- Have or have ever had **prostate or breast cancer**
- Have **heart problems, high blood pressure, or a history of stroke**
- Have **liver or kidney disease**
- Have **sleep apnea (breathing problems during sleep)**
- Are planning to have children, as this medication may **affect fertility**
- Are taking any **prescription, over-the-counter medications, vitamins, or supplements**
- Have any **allergies**, especially to medications or oils (such as grapeseed oil)

Let your provider know about all your medical conditions to make sure this medication is safe for you.

How should I use this medication?

- Use exactly as prescribed by your healthcare provider.
- This medication is given as an **intramuscular (IM) injection** (into the muscle).
- It is usually injected into the thigh or gluteal muscle.
- Follow proper injection technique as instructed by your provider or pharmacist.
- Do not share needles or medication.
- Use a new, sterile needle and syringe for each injection.

What if I miss a dose?

- Take the missed dose as soon as you remember.
- If it is close to your next scheduled dose, skip the missed dose.
- Do not double your dose.
- Contact your healthcare provider if you miss multiple doses.

What may interact with this medication?

- Blood thinners (such as warfarin)
- Insulin or diabetes medications
- Corticosteroids
- Other hormone therapies.
- Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Common side effects may include:

- Acne or oily skin
- Increased red blood cell count
- Mood changes or irritability
- Injection site pain
- Fluid retention

Serious side effects may include:

- Chest pain or shortness of breath
- Swelling in the legs
- Signs of blood clots
- Trouble urinating or prostate symptoms

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

- Watch for signs of **side effects**, such as acne, mood changes, or swelling in your legs or ankles.
- Contact your healthcare provider right away if you have **chest pain, trouble breathing, or signs of a blood clot** (such as pain, redness, or swelling in your leg).
- Monitor for any **changes in urination** or prostate-related symptoms.
- Keep all scheduled **lab tests and follow-up appointments**, as your provider may check your testosterone levels, blood counts, and overall health.
- Let your provider know if you experience **changes in mood, sleep, or energy levels**.

If you notice anything unusual or concerning, contact your healthcare provider or pharmacist.

Where should I keep my medication?

- Store this medication at **room temperature**, away from excessive heat, light, and moisture.
- Do not freeze.
- Keep the vial in a safe place, **out of reach of children and pets**.
- Store in the original container unless otherwise instructed.
- Do not use it if the solution appears cloudy, discolored, or contains particles.

If you have any questions about storage, contact your pharmacist at 727-498-1228.

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST. PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: <https://pharmalabs.com/privacy-policy/>

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.